POSITIVE MASCULINITY

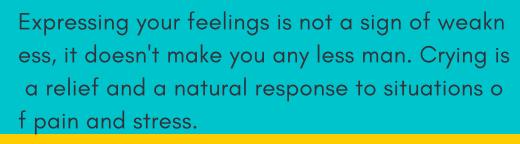
HERE ARE 5 TIPS TO ACHIEVE IT



1.) COMMUNICATE

Express everything you feel, feel comfortable with your emotions.

2.) CRYING DOESN'T MAKE YOU WEAK







3.) NO MORE MACHISMO

animate to stop sexist behavior from your friends or colleagues.

4.) CLOTHES HAVE NO GENDER

wear the clothes you want, the clothes don't make you more or less man





5.) SPORTS ARE FOR EVERY ONE

rough or contact sports aren't just about guys.

ALTAMIRANO, ARELLANO, LUCERO, PASCUAL, RODRIGUEZ