



# POSITIVE MASCULINITY

**"We urgently need to abandon the destructive modes of thought and behavior inspired by outdated values that have historically been overcome and develop a different model of man".**



Men should promote the exercise of respectful, equitable and equal practices in all areas of socialization.



Men shouldn't promote a sexist and homophobic education.



Men shouldn't regard heterosexuality as the only pattern for defining their virility.

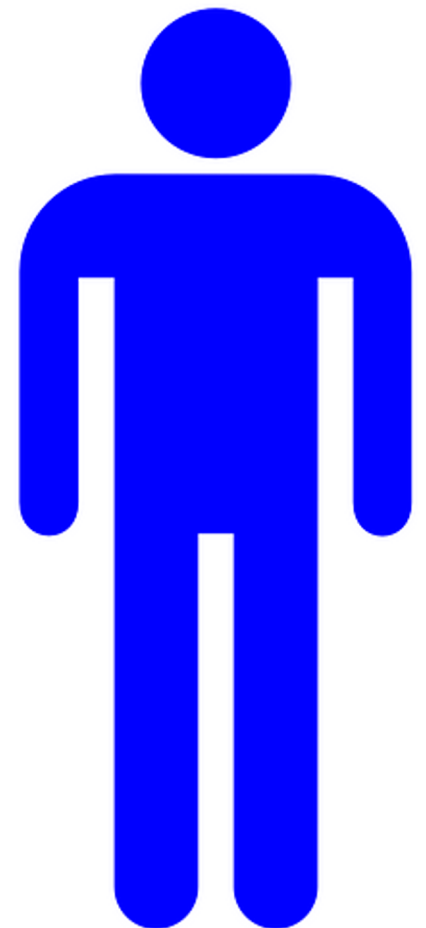
There is no single way to be a man: Every man should be free to assume masculinity as he prefers according to his personality.



Men should share household chores and childcare.



Men can cry and express their feelings.



**"Let us integrate ourselves, we are human unity - not duality - of feminine and masculine".**

